



# Virginia is for Learners (VA4L)




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**REGISTER NOW!**



**Virginia is for Learners (VA4L),** APTA Virginia's new educational program, will be available virtually, in-person and on demand!

After the pivot to virtual during the pandemic, we heard that members need more flexibility. Beginning in July 2022, all six districts will host one course on the first or second Saturday of every other month, with three of them live and three virtual.

Soon, most virtual courses will be archived for on-demand learning in the upcoming online learning center. The programming-rich Fall Summit will continue in-person but will rotate districts each year to ensure geographic convenience for all members!



# Contents

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01	4
<b>Virginia is for Learners: APTA Virginia’s Annual Education Series Schedule and Course Line up</b>	
02	6
<b>Overview of the Program/Summary</b>	
03	8
<b>Bundled Options</b>	
04	9
<b>Individual Options</b>	
05	10
<b>Fall Summit Schedule</b>	

## Virginia is for Learners:

### APTA Virginia's Annual Education Series Schedule and Course Line up

**A blend of in-person, virtual, and on-demand:**

**July 9, 2022**

6 CEU

**Colleen Whiteford**  
PT, DPT



In-person hosted by Tidewater District at Riverside College of Health Careers

### **Orthopedics and Pelvic Health: Bridging the Gap with an External Approach**

[More Info](#)

**September 10, 2022**

2 CEU

**Jeff Young**  
PT, DPT



Virtually hosted by Valley District

### **Building the Bridge Between Physical Therapy and Medical Fitness**

[More Info](#)

**November 5, 2022 (Fall Summit)**

In-person hosted by Mountain District at Emory and Henry College

### **Orthopedics and Pelvic Health: Bridging the Gap with an External Approach**

6 CEU

**Colleen Whiteford**  
PT, DPT



[More Info](#)

### **Get Out of your Silo! Applying Occupational Health Concepts Across the Physical Therapy Practice**

4 CEU

**Connie Johnson**  
PT, DScPT, PSC, AIT



**Julie Collier**  
PT, CIE, CSCS,  
Fire Service PFT



[More Info](#)

**January 14, 2023**

1.5 CEU

**Stacy Pepitone**  
PT, DPT



Virtually hosted by Northern District

## **Parkinson's Disease & Physical Therapy: Optimizing Evidence-Based Patient Centered Care**

[More Info](#)

**March 11, 2023**

6 CEU

**Colleen Whiteford**  
PT, DPT



In-person hosted by Blue Ridge District at Murphy Deming College of Health Sciences

## **Orthopedics and Pelvic Health: Bridging the Gap with an External Approach**

[More Info](#)

### **Student SIG Service Project:**

Please bring canned goods to this event. Students will be delivering them to a local charity.

**May 13, 2023**

2 CEU

**Damien Howell**  
PT, DPT, OCS



Virtually hosted by Central District

## **2D Slow Motion Video Analysis for Movement System Impairment Syndromes**

[More Info](#)



## Overview of the Program/Summary

### VA4L Makes Education and Events More Convenient!



The quick rise of the COVID pandemic required APTA Virginia to develop quick solutions to keep members safe, while still providing them the first-class learning and events they need and expect. The Fall Summit and the Spring education program were quickly shifted to virtual events. The surprising upside? New faces! Members who had never participated in APTA Virginia events or education showed up. And we were so happy to see them!



#### The Challenge.

Post-event surveys told us that about half of the attendees were eager to get back to in-person meetings, but the other half wanted to stick with virtual. This is no surprise for APTA Virginia, where members live across the Commonwealth's six districts. Members from the Northern District, for example, may not be able to arrange the time off and expense of travelling to the Mountain District for an event.

#### The Solution.

The APTA Virginia Board of Directors heard the call and tasked the Education Committee and Student Special Interest Group with finding a way to better accommodate members' individual needs.

APTA Virginia's new educational program, **Virginia is for Learners (VA4L)**, was born! This series of six courses will be hosted by each of our six districts.

Three virtual courses will cover distinctly different content and three in-person courses will present the same content in separate, strategically located areas. **VA4L** will bring participating in association events and education to a new level of convenience!

And an added bonus: By holding some of the classes virtually, it will open up the opportunity to record and archive most of the programs to make them conveniently available to members on demand.


**VA4L** courses will be held on the second Saturday of every odd month, beginning July 9, 2022. (Fall Summit is the exception where it will be held the first weekend in November.)


In 2022, [Fall Summit](#) will be held November 4-5. It will be the same content-rich program, with an exhibit hall, poster and platform presentations, special student programming, a PAC fundraising event and CEU content for clinicians. Over the next six years, each district will have a chance to host Fall Summit, making this signature event more accessible to members than ever.


**APTA Virginia is excited to introduce VA4L and we can't wait to see you there!**




## In-Person

 3 times per year  
(March, July, November)


 Same course offered  
throughout year/district


 May Include a lab  
component


 4-8 hours long




## Virtual

 3 per year (January, May,  
September)

 Different course offered  
throughout year/district

 No lab component

 90 minutes – 2 hours long



## On-Demand

Most virtual courses are  
recorded and made  
available to those who  
couldn't attend live.

## Everyone Gets to Host Fall Summit 6-YEAR OUTLOOK

Month/FY	FY 2022-2023	FY 2023-2024	FY 2024-2025	FY 2025-2026	FY 2026-2027	FY 2027-2028
						
July	Tidewater	Central	Blue Ridge	Northern	Mountain	Valley
September	Valley	Tidewater	Central	Blue Ridge	Northern	Mountain
November	Mountain	Valley	Tidewater	Central	Blue Ridge	Northern
January	Northern	Mountain	Valley	Tidewater	Central	Blue Ridge
March	Blue Ridge	Northern	Mountain	Valley	Tidewater	Central
May	Central	Blue Ridge	Northern	Mountain	Valley	Tidewater

 In-Person  Virtual  Fall Summit – In person

APTA Virginia's fiscal year runs from July 1 – June 30.

## Bundled Options

**Early bird rate is an additional 10% off the rates below.**

Good until June 24, 2022. Use code EarlyBird2022 at checkout.

<div>★</div>	<div>★ ★</div>	<div>★ ★ ★</div>	<div>★ ★ ★ ★</div>
<div>Virtual Bundle</div>	<div>Virtual + In-person Option 1</div>	<div>Virtual + In-person Option 2</div>	<div>Virtual + 2 In-person</div>
<div>10% off</div>	<div>10% off</div>	<div>10% off</div>	<div>10% off</div>
<div>All 3 Virtual</div>	<div>All 3 virtual courses + Occupational Health course</div>	<div>All 3 virtual courses + in-person Ortho/Pelvic Health course</div>	<div>All 3 virtual courses + in-person Ortho/Pelvic Health course + Occupational Health course*</div>
<div>5.5 CEU</div>	<div>9.5 CEU</div>	<div>11.5 CEU</div>	<div>15.5 CEU</div>
<div>AttendeeInvestment</div>	<div>AttendeeInvestment</div>	<div>AttendeeInvestment</div>	<div>AttendeeInvestment</div>
<div>Licensed Member\$158</div>	<div>Licensed Member\$274</div>	<div>Licensed Member\$331</div>	<div>Licensed Member\$446</div>
<div>Licensed Nonmember\$198</div>	<div>Licensed Nonmember\$342</div>	<div>Licensed Nonmember\$414</div>	<div>Licensed Nonmember\$558</div>
<div>Student Member\$59</div>	<div>Student Member\$103</div>	<div>Student Member\$124</div>	<div>Student Member\$167</div>
<div>Student Nonmember\$119</div>	<div>Student Nonmember\$205</div>	<div>Student Nonmember\$248</div>	<div>Student Nonmember\$335</div>

\*Note to attendee: **You cannot attend both in-persons at the [Fall Summit](#) as they run concurrently.** If you choose this bundle option, you are attending the Occupational Health Concepts on 11.5.2022 at Emory and Henry College in Mountain District and you need to choose another date/location to attend the Ortho & Pelvic Health course. Your options for the Ortho & Pelvic Health Course are: 7.9.2022 @ Riverside CSC in Tidewater District or 3.11.2023 @ Murphy Deming CHS in Blue Ridge District.

Prices shown above is what you pay. It's 10% off the a la carte pricing; see page 9. If you register before June 22, use discount code EarlyBird2022 for an additional 10% off!



## Individual Options

**Don't want to attend all the courses?**  
You can register a la carte!

**REGISTER NOW!**

**Early bird rate is an additional 10% off the rates below.**

Good until June 24, 2022. Use code EarlyBird2022 at checkout.

Individual Rate	Duration	Attendee – Investment			
		Licensed Member	Licensed Nonmember	Student Member	Student Nonmember
<b>Ortho/Pelvic Health Course</b> <b>In-person Only</b> 7.9.2022 @ Riverside CHC in Tidewater District 11.5.2022 @ Emory & Henry College in Mountain District 3.11.2023 @ Murphy Deming CHS in Blue Ridge District	6 hours	\$192	\$240	\$72	\$144
<b>Occupational Health Course</b> <b>In-person Only</b> 11.5.2022 @ Emory & Henry College in Mountain District	4 hours	\$128	\$160	\$48	\$96
<b>Building the Bridge Between PT &amp; Medical Fitness</b> <b>Live Virtual + On Demand</b> 9.10.2022	2 hours	\$64	\$80	\$24	\$48
<b>Parkinson's Disease &amp; PT</b> <b>Live Virtual Only</b> 1.14.2023	1.5 hours	\$48	\$60	\$18	\$36
<b>2D Slow Motion Video Analysis for Movement System Impairment Syndromes</b> <b>Live Virtual + On Demand</b> 5.13.2023	2 hours	\$64	\$80	\$24	\$48

# Fall Summit Schedule

## Day 1. Friday, Nov. 4



1:00-4:00 pm Board Meeting  
7:00 pm PAC Event

## Day 2. Saturday, Nov. 5



7:15 am – 8:00 am Registration  
08:00 am – 10:00 am Education Session  
10:00 am – 10:15 am Break and Platform Presentations  
10:15 am – 12:15 pm Edu Sessions  
12:15 pm – 1:30 pm Lunch w/exhibitors & Posters  
1:30 pm – 3:30 pm Edu Sessions  
3:30 pm – 3:45 pm Break & Platform Presentations  
3:45 pm – 5:30 pm Annual member's meeting

[More Info on Fall Summit](#)

# Participation Opportunities

## Poster or Platform Presentations

Keep an eye on your email for information about the application process. If questions, email [vpata@vpata.org](mailto:vpata@vpata.org).

## Hosting VA4L

Are you a university or college that would like to host a future VA4L? Send an email to [vpata@vpata.org](mailto:vpata@vpata.org).

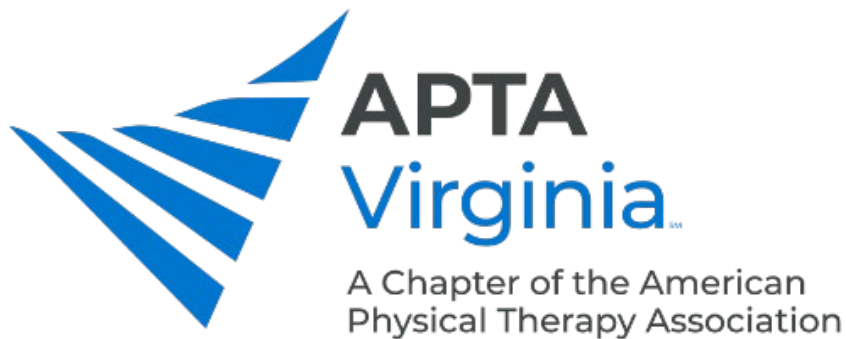
## Presenting a Course

Do you want to present your course at a future VA4L session? [Complete this form](#).

## Volunteering

We have positions available for committees, the Board of Directors, House of Delegates, Student Special Interest Group (SSIG), and more! To learn more, send an email to [vpata@vpata.org](mailto:vpata@vpata.org). Don't be shy! We're a fun group doing great things to advance the profession!





APTA Virginia

# Virginia is for Learners (VA4L)

## ABOUT APTA VIRGINIA

The mission of the APTA Virginia, a component of the American Physical Therapy Association (APTA), is to advance excellence, quality, and accessibility of physical therapy through advocacy, education, research, and services for its members and consumers.

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