

Parkinson's Disease & Physical Therapy: Optimizing Evidence-Based Patient Centered Care

Stacy Pepitone, PT, DPT
1.5 CEU

Course Description: Parkinson's disease impacts multiple systems with motor and non-motor symptoms. Treating patients with Parkinson's disease (PwPD) is complicated and multidimensional. In this presentation, Stacy Pepitone, PT, DPT will discuss interdisciplinary clinical considerations for treating PwPD.

Attendees will learn about Parkinson's disease medical management and non-motor factors impacting patient response to rehabilitation interventions.

Clinicians will take away the importance of gathering information beyond the motor system and how it can be used to improve patient outcomes on an interdisciplinary team.

Learning Objectives:

- Differentiate Parkinson's disease medication with regard to patient performance and overall physical therapy clinical outcomes
- Recognize Parkinson's disease non-motor symptoms impact on physical therapy treatment in order to develop therapeutic alliance and improve patient-centered care
- Identify appropriateness for patient referrals to an interdisciplinary patient care team



January 14, 2023

8 am – 9:30 am



Live Virtual Only

(Not Available On-Demand)

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About the Speaker



Stacy Pepitone

PT, DPT, OCS

Stacy Pepitone, PT, DPT is a physical therapist researcher and practices in outpatient neurology and orthopedics. She is PWR! Moves and LSVT BIG certified. She is also a certified Rock Steady Boxing coach.

Stacy has 15+ years of experience working with Parkinson's disease (PD) as a physical therapist and former personal trainer.

She has completed extensive post graduate education related to Parkinson's disease. She has a passion for treating the PD patient population.

She received her DPT from Marymount University.