

APTA Virginia

# FALL SUMMIT

**In-Person**

**November 4-5, 2022**

Emory and Henry College  
School of Health Sciences  
Marion, VA

Join us this fall for type 1 CE, a fun trivia night sponsored by the PAC, an engaging members meeting, and a special session just for students! Mountain District will be hosting this event at Emory and Henry College in Marion, VA. They are generously lending us their beautiful facility for the weekend, so we hope to see you at our first in-person Fall Summit since 2019!

## SCHEDULE

### Friday Nov. 4

1:00 pm – 4:00pm Board Meeting

6:30 pm PAC Event

### Saturday Nov. 5

7:15 am – 8:00 am Registration

8:00 am – 10:00 am Education Session

11:45 am – 1:00 pm Break and Platform Presentations

10:15 am – 12:15 pm Edu Sessions

12:15 pm – 1:30 pm Lunch w/Exhibitors & Posters

1:30 pm – 3:30 pm Edu Sessions

3:30 pm – 3:45 pm Break & Platform Presentations

3:45 pm – 5:30 pm Annual Member's Meeting

**REGISTER NOW!**

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# Trivia Night

Hosted by the APTA Virginia PAC

## **PAC Trivia Fundraiser**

Friday, November 4

6:30-9:30 pm

### **Location:**

Jubilee House Retreat Center

822 E Main St

Abingdon, VA 24210

**Do you like trivia?**

**Do you like networking?**


**Do you want to support the PAC?!**

Well, if you answered "yes" to any of these three things, the **APTA Virginia PAC Trivia Fundraiser** is the event for you.

Come and test your skills against the best in a variety of categories.

Catering and drinks will be provided.

**Come out and have fun!**



**Your \$15 entrance fee goes 100% to supporting the APTA Virginia PAC.**



## Course:

### Orthopedics and Pelvic Health: Bridging the Gap with an External Approach

By Colleen Whiteford, PT, DPT

8:00 am – 3:30 pm

6 CEU

Many clinicians harbor the mistaken impression that female and male pelvic issues always require internal examination and treatment. Orthopedic physical therapists typically do not perform internal pelvic techniques, nor seek such training. Yet research shows that many patients present with issues assigned to both “specialties,” causing patients to choose management of one or the other. This construct promotes a huge divide that creates arbitrary barriers in the body and ...

[Read More](#)

## Course:

### Get Out of Your Silo! Applying Occupational Health Concepts Across the Physical Therapist Practice

By Julie Collier, PT, CIE, CSCS, Fire Service PFT

and

Connie Johnson, PT, DScPT, PCS, AIT

8:00 am – 12:15 pm

4 CEU

Occupational health has historically focused on rehabilitating injured workers...and yet, workers across the lifespan have demands that impact their ability to engage in worker roles. As physical therapist we often work within our “silos”: pediatrics, neurologic, orthopedic, cardiopulmonary. Physical therapists engaging in occupational health roles frequently come from orthopedic backgrounds and yet, these work focused needs exist for individuals across any diagnosis or impairment including neurologic, cardiopulmonary, oncologic, and developmental disabilities. To engage fully in these roles we must understand the...

[Read More](#)

# Annual Members Meeting

Have you ever been to the Annual Member's Meeting before? If not, it's a great opportunity to get up to speed on all the things that have happened over the past year and what's ahead! We hope that you'll be able to join us.

The agenda is still being drafted, but we know we'll be doing the following and hope you'll join us:



**Legislative Update**



**Thanking Out Going Leadership and Welcoming the New**



**Recognizing Award Winners**



**And more!**

Attendance is limited to members only. No cost, but registration is required to ensure ample seating and handouts are printed.

# Student Programing

The entire day is loaded with content that the Student Special Interest Group (SSIG) has organized.



**Dr. Skye Donovan**

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## **APTA Current Events**

By Skye Donovan

8:00-9:00

Dr. Skye Donovan joins the SSIG to present how to utilize some of the APTA's online resources available to students, and to talk about APTA involvement as a member of the Board of Directors.



**Dr. Kyle Covington**

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## **APTA Current Events**

Kyle Covington

9:00-10:00

Dr. Kyle Covington joins the SSIG to talk about his roles as an APTA board of director and what goes into his role as Vice Speaker of the APTA's House of Delegates.

## **Break and Platform Presentations**

10:00-10:15



**Joseph Reinke**

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## **Student Loan and Financial Planning Seminar**

By Joseph Reinke

10:15-11:15

Joseph Reinke will be presenting on how to make money complement your life, not dictate it. The discussion will center around student loans, financial planning post-graduation, and details on what to do now as a student.

## Selfcare Workshop

By SSIG Board

11:15-12:15

The SSIG explores the literature on the importance of self-care as a student. Physical Therapy is an important part of the wellness continuum of care. Many times, a student's self-care is neglected at the same time as it is taught to teach our future patients self-care. The SSIG will share strategies for best practice to implement self-care as a student with a demanding academic workload.

### Lunch with Exhibitors and Posters

12:15-1:30



**Dr. Kathleen  
Savage**

## Ethics Grand Rounds

By Kathleen Savage and Eric Coley

1:30-3:30

Join the SSIG alongside Dr. Kathleen Savage and Dr. Eric Coley as they explore the APTA Code of Ethics through a Grand Rounds style meeting. After a review of the Code of Ethics, 4 cases will be presented for discussion. The cases will explore ethical issues such as CI/student interactions, billing, and appropriate PTA or tech delegation. Students are encouraged to attend in order to facilitate different perspectives and brainstorm strategies for ethical encounters in the workplace.



**Dr. Eric Coley**

Check out the [Speaker Bios](#) here!

### Break and Platform Presentations

3:30-3:45

### Annual Member's Meeting

3:45-5:30

# Pricing

## Early Bird

10% discount if purchased by July 31, 2022. Don't forget to check out Virginia is for Learners for other pricing options including bundled packages!

	Duration	Attendee – Investment			
		Licensed Member	Licensed Nonmember	Student Member	Student Nonmember
Ortho & Pelvic Health Course	6 hours	\$192	\$240	\$72	\$144
Occupational Health Concepts	4 hours	\$128	\$160	\$48	\$96
Student Programing	–	–	–	\$75	\$90

Lunch is included for everyone!

# PAC Trivia Night

All Attendees	Drinks	Games	Donations (Donations to the PAC in any amount that you see fit.)
\$15 entry	\$2/drink	\$2/game	Optional





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## ABOUT APTA VIRGINIA

The mission of the APTA Virginia, a component of the American Physical Therapy Association (APTA), is to advance excellence, quality, and accessibility of physical therapy through advocacy, education, research, and services for its members and consumers.

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### Phone

866-364-8782

### Address

5810 Kingstowne Center Drive  
Ste 120-779  
Alexandria, VA 22315